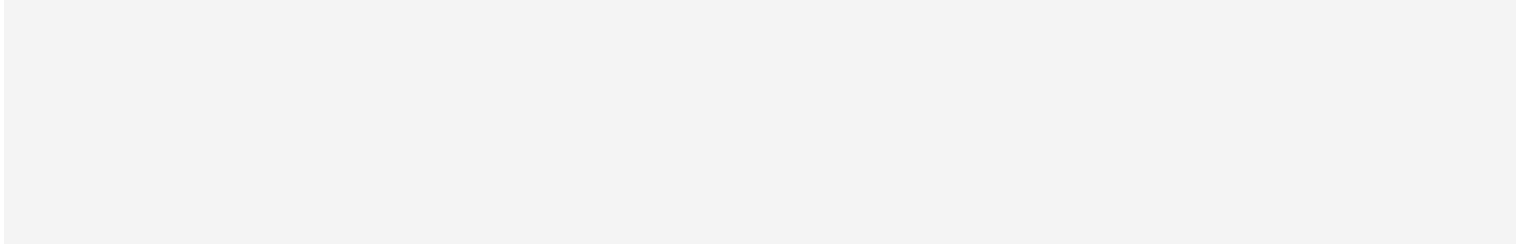


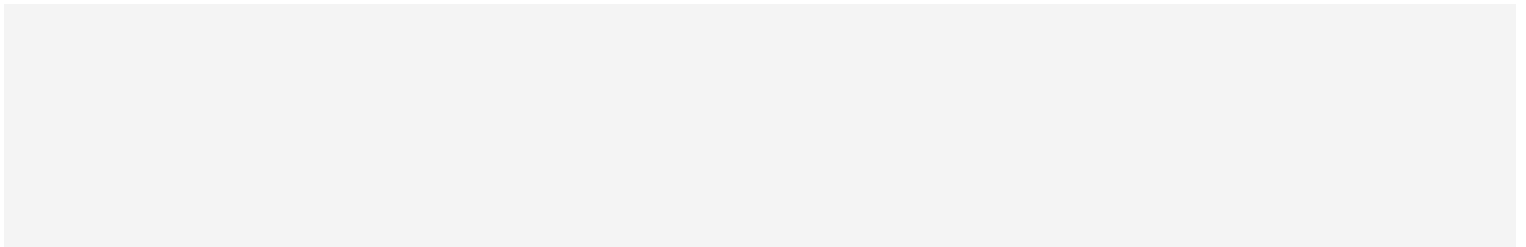
About You

Internal Exploration Questions

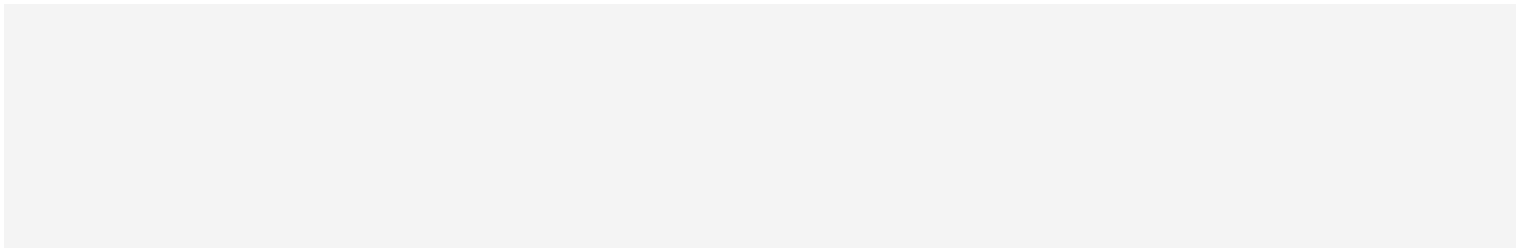
1) What do you think is getting in your way of feeling peaceful, balanced & happy in your life (e.g. limiting beliefs, thoughts, or fears)?



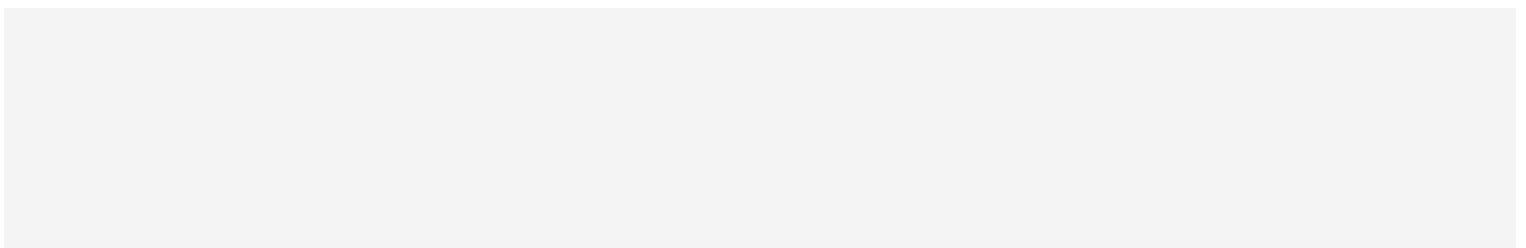
2) What is getting in the way of your TRUE-est, deepest, most authentic expression (expressing who you ARE)?



3) What do you think is getting in the way of achieving your dreams, hopes, and desires?



4) What passion's, dreams, hopes, desire and interests, you keep inside, or just to yourself, because you are afraid of how others will react?



5) What do you wish was different in your life? What would you like to improve?

6) What have you been hiding from others because you don't feel that they would love, understand you, and accept you?

7) Is your physical health where you want it to be? Emotional Health?

8) Who would you be if you were free to fully express you?

My passion is to assist people in clearing the energetic blocks (eg. frustration, fear, limiting beliefs, etc.) that get in the way of their TRUE selves, TRUE expression, and heart-desired life! Emotional Freedom Techniques can be done on any awareness, blocks, or limitations that may come to light from answering these questions.

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